

Bettendorf Track Lettering

A track letter will be awarded on a point system. You can win a letter for individual points earned or for team points earned. For a varsity letter, you need 12 individual points or 25 team points. For a J.V. letter, you need 6 individual and 12 team points. Points are earned based on the following criteria:

FOR INDIVIDUAL POINTS:

In individual events, the points that are earned become your letter points. For example: if you get 6th in the open 100 and earn 1 pt. You get 1 letter point. On relays the points are divided by 4. If a relay team gets 3rd and is awarded 6 points, each individual of that relay gets 1.5 individual points. If people running in J.V. or 9/10 races run, jump, or throw well enough to place in the Varsity race, they will earn those points.

FOR TEAM POINTS:

You earn 1 pt for each meet you participate. You get whatever points you earn for the team. If you earn 6 points in an individual event or in a relay, you get 6 letter points.

For meets with 6-8 teams or more, the letter points are times 2.

For meets with 9 teams or more, points are times 3.

For Conference and Districts, points are times 5.

For State and Drake, points are times 8.

SENIORS OUT FOR 3 YEARS AUTOMATICALLY LETTER.

COACHES RESERVE THE RIGHT TO LETTER PEOPLE DUE TO EXTENUATING CIRCUMSTANCES. IE. INJURY, ILLNESS, ETC.

Financial Holds:

If you lose or don't turn in the following, you will owe

Swishees	\$80.00
Sweats	\$70.00
Jerseys	\$18.00
Shorts	\$ 9.00

Please turn things in at the end of the season. It creates a huge headache for us to chase you down. Track runners who don't turn things in cheat Cross country runners and vice versa.

Coach Conway